



Fall Programs

September 5 – December 8, 2017

Registration opens: Members July 31, 2017 | Non-Members August 14, 2017

H₂O Adventure + Fitness Centre
4075 Gordon Drive, Kelowna BC V1W 5J2
250-764-4040 | h2okelowna.ca

Child Minding (Ages 0–10)

Parents, enjoy a facility workout or swim while your children are cared for by qualified staff and volunteers in a safe and fun environment. We provide supervised play with age-appropriate toys, arts & crafts, and special care for babies. Please note: Child minding has a 1.5 hour time limit.

**Child minding is CLOSED for statutory holidays*

MORNING CHILD MINDING

Monday–Friday	8:30 AM–1:00 PM
Saturday & Sunday	8:30 AM–12:00 PM

NEW! EVENING CHILD MINDING

Mondays & Wednesdays	5:00 PM–7:00 PM
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Members: Included in Child/Family Memberships

Non-Members: Facility Drop-In Fee

Active Arts (Ages 3–5)

Each week in this program we will explore age-appropriate sensory stations, crafts, music, stories and creative play! We will practice turn-taking, sharing and good listening skills – among other social skills – allowing children to learn, play and develop healthy, happy bodies and minds.

Thursdays, September 28–December 7 (11 classes)

Time: 2:00–3:30 PM

Members: Included in Membership

Non-Members: \$80/session

**Children must be potty trained*

Music & Movement (Ages 3–5)

Children love music and they LOVE to MOVE! Your preschooler can explore their imagination and express their creative talent in this fun class designed to get the wiggles out!

Mondays September 25–December 4 (10 classes)

Time: 2:15–3:00 PM

Members: Included in Membership

Non-Members: \$40.00/session

**No Program on Monday October 9 due to Thanksgiving Monday*



All child and youth programs at H₂O require registration. Contact 250-491-9622 to reserve your spot.



An ePACT Online Medical Consent Form is required to register for all child and youth programs at H₂O.

Y Not Build It? (Ages 5–10)

Get your child’s creative juices flowing in this cool hands-on program! We’ll build things like recycled robots, construct spaghetti bridges, create crazy mazes and more. Your child will be provided with open-ended opportunities to explore and create – working alone, in pairs or with a group.

Wednesdays, September 27–December 6 (11 classes)

Time: 3:15–4:45 PM

Members: Included in Y Membership
Non-Members: \$80/session

Let’s Dance (Ages 6–12)

Does your child want to develop their dance skills? Our qualified instructor will teach an energetic, fun and modern dance incorporating a variety of styles! Classes include basic technique and step-by-step choreography, so no previous dance experience is necessary.

**Please attend all classes to prepare for the final day show!*

Tuesdays, September 26–December 5 (10 classes)

Time: 3:30–4:30 PM

Members: Included in Y Membership
Non-Members: \$75/session

**No Program on Tuesday, October 31 due to Halloween*

Girls Unite (Ages 8–13)

The YMCA is a place where all girls can belong. Girls can develop new skills, get involved in the community, and gain self-esteem—all while building lifelong friendships. This program includes educational opportunities, volunteering, guest speakers, fun activities, and just hanging out together.

Thursdays, September 28–December 7 (11 classes)

Time: 6:00 - 8:00 PM

Members: Included in Membership
Non-Members: \$80/session

Boys In Action (Ages 8–13)

Get your buds together and join us for Boys In Action, a program that’s just for the guys! We’ll have movie nights, cool science & building challenges, video game head-to-heads, swimming and more.

Tuesdays, September 26–December 5 (10 classes)

Time: 6:00 - 8:00 PM

Members: Included in Membership
Non-Members: \$75/session

**No Program on Tuesday, October 31 due to Halloween*



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School-Age

CRAFT n' Swim (Ages 5–10)

Calling all crafty kids! Get creative by making some impressive artistic masterpieces in this fun Friday night program. Don't forget your swim gear, we'll be hitting the pools after!

Fridays, September 29, October 20, November 10, December 1

Time: 5:00 PM–8:00 PM

Member fee: \$10/class

Non-member fee: \$20/class

STEM n' Swim (Ages 5–10)

Does your little genius ask you tough questions? Wonder about the actual science that's powering a cool experiment? Look at a bridge and ponder how it was constructed? Let them join the next generation of leaders using hands-on projects to explore the fascinating world of science and discovery. STEM activities focus on Science, Technology, Engineering and Math. Don't forget your swim gear, we'll be hitting the pools after!

Fridays, October 6, October 27, November 17, December 8

Time: 5:00–8:00 PM

Members: \$10/class

Non-Members: \$20/class

Movie Mania (Ages 8–13)

Good news mom and dad! Date night is BACK! Get out on the town or enjoy an uninterrupted workout while your kids enjoy an age-appropriate movie and swim! Popcorn included!

Fridays, October 13, November 3, November 24

Time: 5:00 PM–8:00 PM

Members: \$10/class

Non-Members: \$20/class

We don't turn anyone away.

YMCA donors and partners help make it possible for us to ensure everyone can participate in YMCA programs. If financial circumstances are limiting your ability to participate, you may be eligible for financial assistance. Talk to our friendly member services staff to see if you qualify.

